

**Brentwood UFSD**  
**Food Service**



*Summer 2017*



*Food and Fitness*  
*Fuel for a Lifetime*

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|--|--|---|--|---|
| <b>June 26</b><br>Hamburgers<br>Cheeseburgers<br>Turkey Burgers<br>Potato Salad<br>APPLESAUCE CUPS<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Ham &amp; Cheese</b>                            | <b>June 27</b><br>Turkey with Turkey Bacon<br>Lettuce and Tomato wg-Sandwich<br>Fresh Fruit Basket<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Turkey</b>                    | <b>June 28</b><br>Melted<br><b>Italian Sub Hero</b><br>Marinated Green Bean Salad<br>Pears<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Salami &amp; Cheese</b>      | <b>June 29</b><br>Bagel Lunch<br>Yogurt, Cheese Stick<br>Baby Carrots<br>Strawberry Cup<br>MILK<br>Satellite Entrée & Sandwich of the Day<br>Grilled Chicken                 | <b>June 30</b><br><b>Pizza Party</b><br>Variety of Pizza Choices<br>Mixed Vegetables<br>Fun Box of Raisins<br>MILK<br>Satellite Entrée & Sandwich of the Day<br>American Cheese |
| <b>July 3</b><br>Trout Melt on a Bun<br>Cole Slaw or Potato Salad<br>Peach Cup<br>MILK<br>Sandwich of the Day<br><b>Bagel &amp; Cheese Sticks</b>  | <b>July 4</b><br>Independence Day<br>No Breakfast<br>No Lunch  | <b>July 5</b><br>Chicken Patty on a wg Bun<br>Corn<br>APPLESAUCE CUPS<br>MILK<br>Sandwich of the Day<br><b>Italian Hero</b>   | <b>July 6</b><br>Brunch for Lunch<br>French Toast Sticks<br>Ham Slice<br>Potato Wedges<br>Orange Smile<br>MILK<br>Sandwich of the Day<br><b>TURKEY</b>                       | <b>July 7</b><br>Meatball Hero<br>Parmigiana<br>Mixed Vegetables<br>Mixed Fruit Cup<br>MILK<br>Sandwich of the Day<br>Salami & Cheese   |
| <b>July 10</b><br>Grilled Cheese<br>Baked Fries<br>Strawberry Cups<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Bologna</b>   | <b>July 11</b><br>Pasta and Meat Sauce<br><b>French Bread</b><br>Chick Pea Salad<br>Fresh Fruit Basket<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Grilled Chicken</b>       | <b>July 12</b><br>Roasted Chicken<br><b>Rice</b><br>Mixed Vegetables<br>Craisins<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Turkey</b>                             | <b>July 18</b><br>Walking Turkey Tacos with Nachos<br>Lettuce, Salsa, Cheese<br>Mixed Fruit Cup<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Ham &amp; Cheese</b> | <b>July 14</b><br><b>Pizza Party</b><br>Variety of Pizza Choices<br>Garden Salad<br>APPLESAUCE CUPS<br>MILK<br>Satellite Entrée & Sandwich of the Day<br>American Cheese        |
| <b>July 17</b><br>All Star-BBQ Chicken Patty, Cheese, Turkey Bacon on a Roll<br>Marinated Green Bean Salad<br>Peaches<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Bagel &amp; Cheese Stick</b> | <b>July 18</b><br>Breaded Mozzarella Sticks<br>Pasta & Marinara Sauce<br>Mixed Vegetables<br>Fresh Fruit Basket<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Italian Hero</b> | <b>July 19</b><br>Philly Cheese Steak<br>Beef with Melted Cheese<br>Tossed Salad<br>APPLESAUCE CUPS<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>American Cheese</b> | <b>July 20</b><br>Chicken Salad on wg Bun<br>Vegetable Pasta Salad<br>Fruit Cup<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Turkey</b>                           | <b>July 21</b><br><b>Pizza Crunchers</b><br>Meatballs<br>Sautéed Spinach<br>Raisins<br>MILK<br>Satellite Entrée & Sandwich of the Day<br>Salami & Cheese                        |
| <b>July 24</b><br>Hamburger<br>Cheeseburger, Turkey Burger<br>Potato Wedges<br>APPLESAUCE CUPS<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>American Cheese</b>                                 | <b>July 25</b><br>Melted<br><b>Italian Sub Hero</b><br>Vegetable Pasta Salad<br>Fresh Fruit Basket<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Bologna</b>                   | <b>July 26</b><br>Pasta and Meat Sauce<br><b>French Bread</b><br>Broccoli<br>Peaches<br>Pears<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Turkey</b>                | <b>July 27</b><br>Grilled Ranch Chicken Wrap<br>Tossed Salad<br>Craisins<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Ham &amp; Cheese</b>                        | <b>July 28</b><br><b>Pizza Party</b><br>Variety of Pizza Choices<br>Mixed Fruit Cup<br>MILK<br>Satellite Entrée & Sandwich of the Day<br>Grilled Chicken                        |
| <b>July 31</b><br>Philly Cheese Steak<br>Beef with Melted Cheese<br>Corn<br>Strawberry Cups<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Turkey</b>   | <b>Aug 1</b><br>Walking Turkey Tacos with Nachos<br>Lettuce, Salsa, Cheese<br>Fresh Fruit Basket<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Salami &amp; Cheese</b>         | <b>Aug 2</b><br>Chicken Patty on a wg Bun<br>baby carrots<br>APPLESAUCE CUPS<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Bagel &amp; Cheese Stick</b>               | <b>Aug 3</b><br>Ham & Cheese Melt on a Bagel<br>Vegetable Pasta Salad<br>Peaches<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Italian Hero</b>                    | <b>Aug 4</b><br><b>Mozzarella Sticks</b><br>Pasta & Marinara Sauce<br>Broccoli<br>Raisins<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>BOLOGNA</b>                   |
| <b>Aug 7</b><br>Turkey & Cheese Melt<br>Vegetable Pasta Salad<br>Pears<br>MILK<br>Satellite Entrée & Sandwich of the Day<br>Ham & Cheese Sandwich  | <b>Aug 8</b><br>Pasta and Meat Sauce<br><b>French Bread</b><br>Marinated Green Bean Salad<br>Fresh Fruit Basket<br>MILK<br>Satellite Entrée & Sandwich of the Day<br>Grilled Chicken     | <b>Aug 9</b><br>Chicken Salad on wg Bun<br>Fresh Vegetable Sticks & Dip<br>Peaches<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>American Cheese</b>                  | <b>Aug 10</b><br>Melted<br><b>Italian Sub Hero</b><br>Chick Pea Salad<br>Mixed Fruit Cup<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Turkey</b>                  | <b>Aug 11</b><br><b>Pizza Party</b><br>Variety of Pizza Choices<br>APPLESAUCE CUPS<br>MILK<br>Satellite Entrée & Sandwich of the Day<br>Italian Hero                            |
| <b>Aug 14</b><br>Hamburger<br>Cheeseburger, Turkey Burger<br>Potato Wedges<br>Mixed Fruit Cup<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Bologna</b>  | <b>Aug 15</b><br>Chicken Patty on a wg Bun<br>Black Bean Salsa<br>Fresh Fruit Basket<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Grilled Chicken</b>                         | <b>Aug 16</b><br>Meatball Hero<br>Parmigiana<br>Mixed Vegetables<br>APPLESAUCE CUPS<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>Turkey</b>                          | <b>Aug 17</b><br>Grilled Cheese Sandwich<br>Green Beans<br>Peaches<br>MILK<br>Satellite Entrée & Sandwich of the Day<br>Italian Hero   | <b>Aug 18</b><br><b>Ravioli</b><br><b>French Bread</b><br>Vegetable of the Day<br>Fruit of the Day<br>MILK<br>Satellite Entrée & Sandwich of the Day<br><b>AMERICAN CHEESE</b>  |
| <b>BRENTWOOD SUMMER FEEDING 2017</b>   | Open Community Sites for all Children 18 years and Younger   | *HEMLOCK<br>*WEST MIDDLE  | *LAUREL PARK<br>*NORTH MIDDLE  | More Information Available in the Main Office of your School and The Food Service Department<br>1-866-3-HUNGRY 1-877-8-HAMBRE   |

FILL YOUR TRAY WITH ALL 5 COMPONENTS DAILY

1. **PROTEIN** or **MEAT ALTERNATE**- includes choices of beef, fish, poultry, cheese, nuts or beans. Serving size is 2oz.
2. **VEGETABLE**-includes choices of red, orange, dark green, starchy, and legumes. Serving size is 3/4 - 1 cup
3. **FRUIT**- includes fresh, frozen, canned in fruit juice or light syrup and juices. Serving size is 1/2 - 1 cup.
4. **GRAIN**- whole grain products such as: pasta, rice, and/or a variety of breads. Serving size is 1 - 2 servings.
5. **MILK**-includes choices of 1% or skim white milk, fat free (chocolate or strawberry) milk. Serving size is 8oz.



**Substitute Food Service Worker Jobs Available 631-434-2316 Earn while your children learn!**

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**SUMMER**  
**FEEDING 2017**

