

Brentwood Annual Parent Conference

The Whole Child Conference: Strong Families, Strong Schools, Strong Partnerships

Saturday, April 21, 2018

8:30 am – 2:00 pm

Brentwood High School (Sonderling)

**Afternoon
Zumba**

**Breakfast and Registration
8:30 am- 9:00 am**

**Lunch Provided
Baskets and Other
Raffle Prizes**

**Special Workshop by
STRONG Youth
“Reclaiming Our Community”
Getting to the Root Cause of
Youth Violence**



WORKSHOPS ON:

- **Understanding Your Teen**
- **Protecting Your Child from Cyberbullying**
- **Landing Your Dream Job**

**Keynote Speaker
Kenia Nuñez
Author of SAVVY Gems**

***Conference Partners: Adelante, EOC Suffolk, Inc., Christian Cultural Center, Long Island
Islip Town Branch NAACP, Youth Enrichment Services***

For information call 631-434-2498 or register on Eventbrite, <https://www.eventbrite.com/o/16541555990>

Conferencia Anual de Padres de Brentwood

La Conferencia del Niño Completo: Familias Fuertes, Escuelas Fuertes, Asociaciones Fuertes

Sábado, 21 de abril del 2018

8:30 am – 2:00 pm

Escuela Superior de Brentwood (Sonderling)

Zumba por
la Tarde

Desayuno y Registración
8:30 am- 9:00 am

Almuerzo Proveído
Canastas y Otros
Premios de Rifa

Taller Especial de la
Juventud Fuerte (STRONG
Youth) “Reclamando Nuestra
Comunidad” Llegar a la Causa
Fundamental de la Violencia
Juvenil



TALLERES SOBRE:
• Como Entender a Su Hijo/a
• Proteger a Su Hijo/a de
Ciberbullying
• Como Obtener el Trabajo de
Sus Sueños

Ordadora Principal
Kenia Nuñez
Autora de *SAVVY GEMS*

Socios de la Conferencia: Adelante, EDC de Suffolk, Inc., Centro Cultural Cristiano de Long Island, Rama del Pueblo de Islip NAACP, Servicios de Enriquecimiento Juvenil

Para información llame al 631-434-2498 o regístrese en Eventbrite, <https://www.eventbrite.com/o/16541555990>

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Workshop Descriptions

Session I: 10:00 a.m. – 11:00 a.m.

I. **Instagram, Snapchat, Social Media and Your Child**

Through thoughtful discussion Officer George Lynagh will bring awareness to the issues our teens face when engaging social media. Parents will be equipped with the tools to monitor their child's activities and keep them safe.

Facilitator: Suffolk County Police Officer George Lynagh

Room: 1411

II. **Let's Talk: Improving Parent/Child Communication**

This workshop will give parents some new tools and strategies for maintaining good lines of communication with their teens.

Facilitator: Cindy Reid-Combs, MSW and Dr. Lolita Mitchner

Room: 1417

III. **Literacy Skills for the 21st Century Workforce**

Will your child be ready to meet the literacy demands of the future and be college and career ready? Careers of tomorrow will require strong literacy skills. Get to know the standards and what our district is doing to prepare our students. We will discuss text complexity, critical reading and writing and what parents can do to reinforce learning at home.

Facilitator: Ann Palmer, Asst. Supt. for Elementary Education Room: 1407

IV. **The Fatherhood Agenda**

What is parenting like from a father's perspective? What do fathers wish the school system would understand about them and how can schools better engage fathers? This workshop will allow fathers to share their experiences navigating work, relationships and parenting. We also discuss the challenges of being a non-custodial parent. Participants will learn how to better connect to their children and how to help their children become successful in school and in life.

Facilitator: Shomari Akil, House Principal, New Rochelle High School

Panelists: Ray Mayo, David Rivera, Jose Sanchez, Gene Anthony Vargas

Room: 1405

V. **Landing Your Dream Job: Resume Writing, Interview Skills and Job Readiness**

Are you ready to "level up"? This workshop will teach you how to build on your skills and get ready for the next level in your career.

Facilitator: Rhonda Nedderman, YES Program Coordinator

Room: 1403

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Workshop Descriptions

Session II: 11:10 a.m. – 12:10 p.m.

I. **Addressing the Unspoken**

This workshop will focus on the post-traumatic stress many of our youth and families are dealing with. The discussion will help us to examine the causes and come up with real solutions.

Facilitator: Mary Beth Harmon, LCSW

Room 1411

II. **STEAM Play (Elementary)**

Parents will learn how to promote different forms of scientific, technical, engineering, arts and mathematics (STEAM) concepts while “**playing**” with their **children**. Elementary age children intrinsically have the desire to discover. Through hands-on activity, parents will learn how children acquire foundational STEAM skills. This workshop is “hands-on”. Parents will take the role of children as they experience various challenges. Parents will take away materials, additional ideas and websites to use at home with their children.

Facilitators: Lisa Catandella, Principal and Roxanna Melendez, Bilingual Teacher, Oak Park Elementary School

Room: 1417

III. **Reclaiming Our Community: Getting to the Root Cause of Youth Violence**

The community group, STRONG, will lead a conversation about issues facing immigrant youth as well as unpack the underlying causes of violence. Participants will leave with an understanding of what we can do to better support and engage our youth.

Facilitator: STRONG Youth

Room: 1407

IV. **Creating Smart and Healthy Eating Choices**

Small Easy Changes Can Lead to Sustainable Weight Loss and Healthier Eating Habits. Small changes in our everyday life can lead to a big impact on our overall health and weight. The goal of uncovering solutions, empower and equip families with knowledge and tools to make the best eating decisions for your family.

Facilitator: Zahrine Bajwa, CPH, Ph.D Regional Project Director
Cornell Cooperative Extension – Suffolk County

Room: 1410

V. **Yes, You Can: College and Career Options for Special Education Students**

This workshop will explore the many options available to students with special needs after high school. Parents will consider how to know what is the right path for their child and what resources are available to them.

Facilitator: Barbara Porrini

Room: 1403